

A FEAST DAY NOVENA FOR OUR LADY OF

Mount Carmel



Society
of the Little
Flower
littleflower.org

Day One

Our mission as Carmelites is to form evangelical workers who will save thousands of souls. - *St. Therese of Lisieux*

Our Lady of Mount Carmel, watch over the Carmelites as they share the word of God with all of those they serve. Let them be the light of the world as they spread the Gospel.

Day Two

O sweetest Star of Heaven!
O Virgin, spotless, blest,
shining with Jesus' light,
guiding to Him my way!
Mother! beneath your veil let
my tired spirit rest, for this
brief passing day!

- *St. Therese of Lisieux*

*When I grow tired and weary,
let me find refuge under your
veil and protection. Mother of
God, shine your Son's light on
my days. Be my guide to Him as
I go through my day.*

Day Three

I long to fly to mother
Mary's arms, to rest upon
that spotless throne of bliss;
And, sheltered there from
troubles and alarms, For the
first time to feel her gentle
kiss. - *St. Therese of Lisieux*

*Blessed mother, help me to find
peace resting in your loving arms
as I face my daily struggles.
When I feel discouragement, be my
strength and comfort.*

Day Four

It is true that Our Lady is Queen of Heaven and earth, but at the same time she is more Mother than Queen.

- St. Therese of Lisieux

Queen of heaven, I seek your motherly love. As you watch over all, please guide me as a mother would guide her child.

Day Five

It is true, you are the Mother of Jesus, but you have given Him to me; and He, from the Cross, has given you to be our Mother - thus we are richer than even you! - *St. Therese of Lisieux*

Thank you for the gift of your Son, Jesus. We are in awesome gratitude that he gave you to us as our mother. Continue to intercede on behalf of us every day.

Day Six

I take refuge, then, in prayer, and turn to Mary, and our Lord always triumphs. - *St. Therese of Lisieux*

Mother Mary, be my shelter in the storms of daily life. Let me seek shelter under your mantle when in need.

Day Seven

Sometimes when I am in such a state of spiritual dryness that not a single good thought occurs to me, I say very slowly the "Our Father," or the "Hail Mary," and these prayers suffice to take me out of myself.

- *St. Therese of Lisieux*

When it is hard to pray, be with me. Help me find the faith through your miraculous intercession.

Day Eight

The expression of Our Lady's face was ineffably sweet, tender, and compassionate; but what touched me to the very depths of my soul was her gracious smile. Then, all my pain vanished...

- *St. Therese of Lisieux*

Heal me like you healed young Therese. Let your smile bring me peace to whatever challenges I face.

Day Nine

My frail boat has great difficulty in reaching port. I sighted it long since, and still I find myself afar off. Yet Jesus steers this little boat, and I am sure that on His appointed day it will come safely to the blessed haven of the Carmel.

- *St. Therese of Lisieux*

As St. Therese yearned for Carmel, help me to live my vocation.



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The mission of the Society of the Little Flower is to promote devotion to St. Thérèse of the Child Jesus, the Carmelite Nun and Doctor of the Church. Through prayers and donations, friends of St. Thérèse enable Carmelites throughout the world to make a difference in people's lives through Gospel ministries and the education of seminarians, fulfilling her mission to "make God known and loved to the ends of the earth" in the most concrete ways of charity and justice.